

# ALBERT PRIMARY SCHOOL

## YSGOL GYNRADD ALBERT

Belonging Together, Growing Together, Succeeding Together

10TH JANUARY 2025

Welcome back to another exciting year at Albert Primary.

As we begin 2025, we wish to extend a warm and heartfelt welcome to our returning families and a special welcome to all our new pupils and their families. We are thrilled to open our doors once again and create a nurturing environment that fosters academic achievements, personal growth, and a strong sense of community.

As always, we encourage active involvement from parents and carers in their child's education. We firmly believe that a strong partnership between the school and families greatly contributes to a pupil's success. Open communication and regular engagement with teachers and school staff are vital to fostering a supportive and thriving learning environment.

Throughout the rest of the year, we will continue to keep you informed about various school events, academic milestones, and important updates through our school website, newsletters, and parent-teacher consultations. If you ever have any questions or concerns, please do not hesitate to contact us.

### **Spring Term Diary**

Tuesday 14th January - Yrs 4,5&6 Cardiff & Vale 'Fizzy Fun' 10 week course

Friday 17th January - ' Chwarae yn Cymraeg' Project : Sport Activity

Friday 24th January - Dental Nurse: Year 1

Tuesday 28th January - CVSFA Primary Football Fives Boys Festival

Tuesday 28th January - Year 6 Condoover Hall Briefing Meeting for Parents/Carers

Friday 31st January - Super Ambassador Event - Pupil Council Representatives

Tuesday 11th February - PC Alex : Year 6 'Cyber Safety' Workshop

Tuesday 18th February - CVSFA Primary Football Fives Girls Festival

Friday 21st February - INSET DAY [Penarth Schools' Cluster INSET Day]

Monday 24th to Friday 28th February - HALF TERM HOLIDAY

Monday 3rd March - School re-opens

Monday 3rd March - Albert Primary Welsh Culture, Arts & Celebration Week 2025

Monday 10th March - STEM Week - *Change & Adapt*

Tuesday 18th & Wednesday 19th - Parent/Carer Teacher Consultation Meetings

### COMING SOON

Spring Term Class  
Information Sheets  
for Parents/Carers



## Supporting a Smartphone-Free Childhood

Many families today are choosing to give their children a smartphone-free childhood. This doesn't mean saying no to technology — it's about helping our children to stay safe from harmful online interactions and giving them the chance to enjoy real-life experiences, make friends, and focus on being kids.

While smartphones can be useful, they also bring challenges. Social media, online pressure, and constant notifications can be overwhelming, especially for young children. By delaying smartphones, we can help them build confidence, develop strong friendships, and concentrate on the world around them.


If this sounds like something you're interested in, the Smartphone-Free Childhood (SFC) campaign has lots of useful information and ideas to support parents.

You can visit their website here: [www.smartphonefreechildhood.org](http://www.smartphonefreechildhood.org).

For parents of Albert Primary School, there is an SFC WhatsApp group. This group is a great place to share advice and support each other, especially when children in the same year group start asking for a phone. It's always easier when you know other families are making the same decisions. You will be able to find out how to join the WhatsApp group by choosing to "Find Your Local Community" on the SFC website

Please note: The school is not sponsoring or leading the Smartphone-Free Childhood campaign, and does not police any activity associated with the group. However, the school supports the idea of children having safe access to technology that is suitable for their age and stage of development.

If you'd like to work together to help our children grow up happy, confident, and connected to the world around them, please consider visiting the SFC website, and reading more about the research, evidence and the Parent Pact.



#CHANGETHENORM

Smartphone Free Childhood is a grassroots movement of parents who believe childhood's too short to be spent on a smartphone

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### We're on a mission to

- 01.** **Bring parents together** to start new and positive conversations about the problems of smartphones and social media in childhood
- 02.** **Empower parents to wait to get their kids a smartphone** until at least the end of Year 9, through signing up to the Parent Pact in their region
- 03.** **Demonstrate that parents are demanding change** at scale, and therefore force the government and tech companies to act

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#### Why we're doing this now

We've been put in an impossible position by the tech companies. It's a lose lose - either allow our children access to something all the evidence tells us is damaging, or say no and risk alienating them among their peers at a crucial stage of their social development. **We believe something needs to change, and it starts with all of us.**

#### How you can get involved


**Sign the Parent Pact** - Join the growing movement of parents choosing to delay - it takes 30 seconds [parentpact.smartphonefreechildhood.co.uk](http://parentpact.smartphonefreechildhood.co.uk)

**Join your WhatsApp community** - Find solidarity, support and inspiration - we have one in every county in Britain [whatsapp.smartphonefreechildhood.co.uk](http://whatsapp.smartphonefreechildhood.co.uk)

**Help build the movement** - Volunteer to be a Regional Leader and start making change in your community [regionalleadersignup.smartphonefreechildhood.co.uk](http://regionalleadersignup.smartphonefreechildhood.co.uk)

**Sign up to our newsletter** - Get the latest news and campaign updates from SFC HQ [smartphonefreechildhood.co.uk/newsletter](http://smartphonefreechildhood.co.uk/newsletter)

**Follow us on Instagram/LinkedIn**  
[@smartphonefreechildhood](https://www.instagram.com/smartphonefreechildhood)  
[smartphonefreechildhood.co.uk](http://smartphonefreechildhood.co.uk)



Scan to sign the Parent Pact  
[#smartphonefreechildhood](https://www.instagram.com/smartphonefreechildhood)

**PLAY  
HAVE YOUR  
SAY**



WE WANT TO HEAR FROM  
CHILDREN AND YOUNG PEOPLE  
THAT LIVE IN THE VALE OF  
GLAMORGAN ABOUT WHETHER  
THEY HAVE THE TIME AND SPACE  
THEY NEED FOR PLAYING

RYDYM AM GLYWED GAN  
BLANT A PHOBL IFANC SY'N  
BYW YM MRO MORGANNUG  
A OES GANDDYNT YR AMSER  
A'R LLE SYDD EU HANGEN  
ARNYNT I CHWARAE

**CHWARAE  
DWEUD EICH  
DWEUD**



SCAN HERE  
TO  
COMPLETE  
THE BIG  
PLAY SURVEY



SGAN YMA I'W  
GWBLHAU  
YR AROLWG  
CHWARAE  
MAWR



**Under 5s with  
additional needs**

**Term time only**

# Rainbow Group Drop In

Opportunity to meet new friends

Support and information for parents

Variety of sensory play activities

**Tuesdays**  
1:15 - 2:45 pm  
The Gathering Place,  
St Athan  
CF62 4JH

**Thursdays**  
10:00 - 11:30 am  
Ty Robin Goch,  
Barry  
CF63 1QB



For further information contact  
Flying Start 01446 732180

