





Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

Helpu chi i fyw eich
bywyd - eich ffordd chi
Therapi Galwedigaethol
BIP Caerdydd a'r Fro

We help you to live
your life - your way
Cardiff and Vale UHB
Occupational Therapy

Occupational Therapy for Children & Young People
Therapi Galwedigaethol i Blant a Phobl Ifanc



Advice Line

Tel: 02921 836888

Who can access the Advice Line: Parents, teachers, health or social care professionals of children and young people who live in Cardiff and Vale and who want to find out how to support participation in, and development of occupational skills.

What can I expect: You will talk with an occupational therapist who will aim to provide you with practical advice, strategies, signposting and support which will enable you and your child to progress daily living skills.



Before you call, scan the QR code to find out more about occupational therapy for children and young people and to access our online resources.

When is the Advice Line available: Tuesday and Thursday between 12.00 and 2.00pm

PENARTH
LEISURE CENTRE

Gwers Nofio

Cyrsiau Cyflym

28 Hydref i 1 Tachwedd 2024

Gofynnwch yn y dderbynfa
am ragor o fanylion.

Swimming Lesson

Crash Courses

28 October to 1 November

Ask at reception
for more details



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OCT 28 - NOV 1

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SCAN ME

TO BOOK VISIT:

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