

MENU WEEK 1

MONDAY

Cheese & Tomato Pizza

Served with Chipped Potatoes

& Crudities

TUESDAY

Gnocchi Cooked in Bonta Italian Tomato Sauce Topped with Mozzarella Cheese Served with Broccoli & Peas

WEDNESDAY

Chicken Katsu Curry or Sweet Potato & Cauliflower Katsu Curry Served with Basmati Rice, Sweet Corn & Green Beans

THURSDAY

Slow Cooked Beef or Diced Quorn in Gravy
Served in a Yorkshire Pudding
With Mashed Potato, Green Beans & Carrots

FRIDAY

Salmon Fingers or Vegan Quorn Dippers Served with McCain Potato Smiley Faces, Baked Beans or Sweetcorn & Peas

Weekly desserts will vary from:-Fresh Whole Fruit, Cheese & Crackers, Cake & Custard, Cookies, Cornflake Crisp, Flapjack, Ice Cream, Fruit Slices



MENU WEEK 2

MONDAY

Fish Stars or Fishless Fish Fingers
Served with Mashed Potato
Baked Beans or Peas & Sweetcorn

TUESDAY

Penne Beef Ragu or Penne Vegetable Ragu Served with Carrots, Peas & Crusty Bread

WEDNESDAY

Jumbo Fish Finger Roll or Vegan Garden Sausage Roll Served with Herbie Diced Potatoes Baked Beans & Peas

THURSDAY

Roast Turkey or Vegan Sausage Served with Roast and Mashed Potato Carrots, Leeks & Gravy

FRIDAY

Tomato Basil Pasta Bake
Topped with Cheese
Served with Broccoli, Peas & Crusty Bread

Weekly desserts will vary from:-Fresh Whole Fruit, Cheese & Crackers, Cake & Custard, Cookies, Cornflake Crisp, Flapjack, Ice Cream, Fruit Slices



MENU WEEK 3

MONDAY

Birds Eye Fish Fingers or Fishless Fingers Served with Mash Potato, Baked Beans & Peas

TUESDAY

Homemade Beef Bolognaise or Vegan Bolognaise Served with Pasta Twists Carrots, Broccoli & Crusty Bread

WEDNESDAY

Beef Burger in a Bun or Vegan Quorn Burger in a Bun Served with Potato Wedges Baked Beans & Sweetcorn

THURSDAY

Chunky Chicken in a Yorkshire Pudding or Chunky Vegan Quorn with Mashed Potato Broccoli, Cauliflower, Carrots & Gravy

FRIDAY

Salmon & Sweet Potato Fish Cake or Vegan Quorn Dippers Served with Chipped Potatoes, Peas & Sweetcorn

Weekly desserts will vary from:-Fresh Whole Fruit, Cheese & Crackers, Cake & Custard, Cookies, Cornflake Crisp, Flapjack, Ice Cream, Fruit Slices



ADDITIONAL INFOMATION

Alternatives to the main menu Please check your School for availability

JACKET POTAOES

Served with a choice of Cheese/Tuna/Ham/Baked

Beans/Vegan Cheese

FILLED BREADS

Choice of Cheese/Ham/Tuna/Fishfinger/Fishless Finger

A choice of Hot Meat/Vegan Bread Rolls Served on a Thursday

Allergen information to accompany this menu is held in the Kitchen and available upon request.

Please contact us if your child has specialist dietary needs. We aim to provide a healthy balanced school meal for every pupil.

www.bigfreshcatering.co.uk